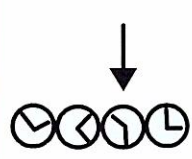


Being angry



Sometimes



things



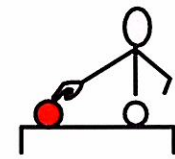
make



me



angry.



That's



OK.



When



I



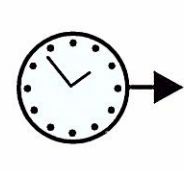
am



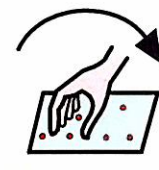
angry,



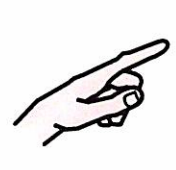
I



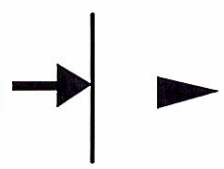
will



try

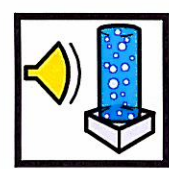


to go

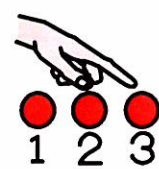


to

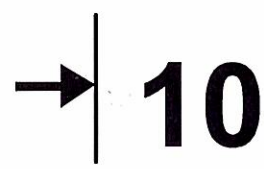
the



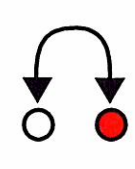
sensory room,



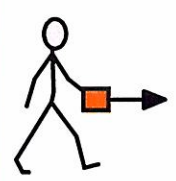
count



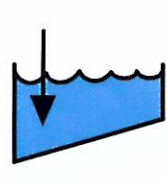
to ten,



or



take



deep



breaths.



If



I



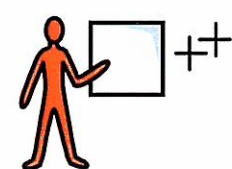
get



angry



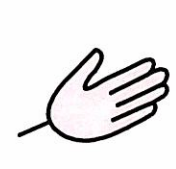
my



teachers



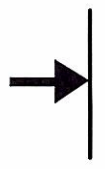
can



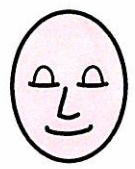
help



me



to



calm



down.