

## Every second to be Valuable, Inspiring, Personalised



13<sup>th</sup> September 2023

Our ref: LP/007/KB

Dear Parent/Carer,

## Re: Chicken Pox

We are writing to inform you that there has been a confirmed case of chicken pox in school, the child is isolated at home.

Chicken pox is a mild and common childhood illness caused by a virus called varicella zoster. It is most common in children under the age of 10 but you can get it at any age. Chicken pox is contagious and an itchy, spotty rash is the main symptom. It can appear anywhere on the body.

The development period is approximately 21 days and the person is contagious from 1 to 2 days before the spots appear. The person stops being contagious when the spots have crusted over (usually 5-6 days after the spots appear).

Groups of people that are most at risk of serious problems if they catch chicken pox are newborn babies, pregnant women and those with a weakened immune system; therefore it is important, if your child has chicken pox, to keep them at home while they are contagious.

All children should remain at home until all chicken pox spots have crusted over to avoid further spread of the illness. Should any child return to school before this time, parents will be contacted and asked to collect them and take them back home. We appreciate your understanding on this and if you have any questions, please do not hesitate to get in contact with us.

For further information and advice regarding chickenpox please visit; <a href="https://www.nhs.uk/conditions/chickenpox/">https://www.nhs.uk/conditions/chickenpox/</a>

Yours sincerely

Lizzie Papworth Assistant Headteacher

## IF YOU REQUIRE ANY LETTERS TRANSLATING, PLEASE CONTACT THE SCHOOL

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