

Key Vocabulary Tracker

PSHE / PSD

Formal Curriculum							
Year	Class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1	Leamington	Being aware of my Ability/Choosing: - Personal values - Individual - Strengths - Stereotyping - Skills - Qualities	Recycling / Rules: - Recycling - Land pollution - Rules - Environment - Impact	Keeping Safe / Growing and changing: - Grow - Change - Lifecycle - Physical changes - Hygiene - Safety	Friends / My Family: - Friendship - Qualities - Peer pressure - Family - Structure	Knowing how I am changing / Rights & Choices: - Rights - Responsibilities - Bullying - Empathy - Collective responsibility	Being responsible: - Responsible - Recycle - Economical - Rules - Society - Safety
2	Leamington	Communities / Taking responsibility towards others: - Community - Responsibility - Rules - Jobs - paid / voluntary - Vulnerable - Environment	Topical Issues / Valuing Money: - Media - Issues - Current - Views - Concern - Money - Value	Medicines and drugs / Healthy Exercise: - Physical activity - Training - Healthy lifestyle - Qualities - Medication	Playing and learning together / Special days: and Unfamiliar ips	Safety in the community / Respecting Privacy: - Safe - Community - Respect - Privacy - Personal care - Behaviour	One world: - Continents - World - UK - Map - Biodiversity - Impact - Sustainability - Global citizenship
1	Hampden	Media and advertising: - Media - Sources - Texts - Positive	Being aware of my ability - Personal goals: - Qualities - Special - Personal	Medicines and Medication / Personal Hygiene: - Medicines - Procedure - Germs	Changing Relationships / Self-Evaluation / Respecting Others: - Respect - Differences	Self Esteem / Awareness and Coping: - Adolescence - Sexuality - Image	Emotional wellbeing and mental health: - Emotions - Events - Self-

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		<ul style="list-style-type: none"> - Negative - Analyse - Slogans - Advertisement 	<ul style="list-style-type: none"> - Abilities - Goal - Obstacles - Responsible - Help 	<ul style="list-style-type: none"> - Viruses - Personal care - Hygiene - Exercise - Benefits - Accessible 	<ul style="list-style-type: none"> - Bullying - Moods - Seek help 	<ul style="list-style-type: none"> - Privacy - Mutual consent 	<ul style="list-style-type: none"> - confidence - Physical illness - Mental illness - Emotional wellbeing
2	Hampden	Recognising my needs / Risk Assessment: <ul style="list-style-type: none"> - Value - Learning - Positive - Attitude - Rest and relaxation - Risk - Unnecessary - Personal space 	Every day choices / Earning and Spending / Groups I belong to: <ul style="list-style-type: none"> - Friendships - Family - Structure - Decisions - Responsible - Choices - Budget - Necessities - Luxuries 	Health exercise / Leisure awareness / Healthy Lifestyles: <ul style="list-style-type: none"> - Energy - Active - Healthy - Exercise - Relaxation - Leisure - Fitness - Strategies - Lifestyle 	Lifestyles / Peer Pressure / Making compromises, resolutions: <ul style="list-style-type: none"> - Household - Family unit - Lifestyles - Responsibility - Compromise - Resolve - Conflict - Peer pressure - Appropriate manner 	Community belonging / Personal sensitivity: <ul style="list-style-type: none"> - Confidence - Actions - Feelings - Personal decisions - Community - Identity 	Importance of safety: <ul style="list-style-type: none"> - Safety - Dangers - Actions - Road - Railway - Water
1	Oval, Wembley, Silverstone	Personal identity and self-esteem: <ul style="list-style-type: none"> - Personal identity - Self-esteem - Confidence - Crisis - Role - Society 	Contributing to the community: <ul style="list-style-type: none"> - Community - Contribute - Benefits - Community spirit - Participation 	Drug and alcohol awareness: <ul style="list-style-type: none"> - Alcohol - Legal - Illegal - Drugs - Medication - Misuse 	Financial services: <ul style="list-style-type: none"> - Financial - Service - Bank accounts - Save - Money 	Dealing with problems in daily life: <ul style="list-style-type: none"> - Problem - Plan - Solve - Deal - Tackle - Reflect - Steps 	Safety in the community: <ul style="list-style-type: none"> - Safe - Identify - Minimise - Risks - Travel - Pedestrian - Signs - Emergency - Evacuation

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2	Oval, Wembley, Silverstone	My goals, behaviour and emotions: - Self-esteem - Skills - Qualities - SMART target - Goal setting - Obstacles - Mindfulness	Discrimination, prejudice and challenges: - Prejudice - Discrimination - Stereotypes - Faiths	Looking after our health: - Balances diet - Eating disorder - Drugs - Underage - Drinking - Drugs - Smoking - Mental health	Careers and finance: - Stereotypes - Equality - Careers - Skills - Attributes - Role model - Aspirations - Budget - Income - Spending	Living responsibly: - Achievement - Behaviours - Time management - Emotional literacy - Self awareness - Growth mindset - Interpersonal skills - Sustainability	Personal safety and first aid: - Social networking - Risk - Chat rooms - Online Safety Community First aid Emergency call - CPR
1	14-16 PSD	Making Choices/ Decisions:	Career Planning:	Money and Time/Personal Finances:	Using Public Transport:	Personal Awareness:	Behaviour in Conflict:
2		Healthy Living:	Dealing with Problems/ Situations:	Building Confidence and Self Esteem: - Confidence	Personal Safety and Risk: - Safety - Health and	Diversity in Society: - Diversity - Society	Hate Crime: - Hate - Crime - Targeted

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				<ul style="list-style-type: none"> - Self-esteem - Emotions - Low - High - Benefits - Influence 	<ul style="list-style-type: none"> - safety - Protect - Risk - Strategy - Emergency 	<ul style="list-style-type: none"> - Diverse - Similarities - Differences - Practices - Contribution - Advantage - Tolerance - Respect 	<ul style="list-style-type: none"> - Society - Law - Diverse - Tolerance - Prejudice - Discrimination - Consequences - Victims - Perpetrators - Actions - Agency
3		Beginning College/College Induction: <ul style="list-style-type: none"> - College - Facilities - Staff - Importance - Responsibility - Hazard - Difference 	Accessing Financial Services/ Banking and Other Financial Organisations: <ul style="list-style-type: none"> - Financial - Service - Credit - Borrowing - Bank accounts - Save - Money 	Law and Order/Making Laws - UK Parliament: <ul style="list-style-type: none"> Law Parliament Crime Offence Punishment Vote Bill Act 	Personal Development: <ul style="list-style-type: none"> Personal awareness Personality Skills Strengths Weaknesses Improve Personal feelings Personal objectives 	Personal Health/Health and Hygiene: <ul style="list-style-type: none"> Health Illness Symptom Cause Injury Diet Maintain 	Drug Awareness:

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Semi-Formal Curriculum							
Year	Class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1	Trent Bridge	Knowing myself: <ul style="list-style-type: none"> - People - Differences - Grow - Change - Abilities - Feelings - Emotions 	Belonging to Groups: <ul style="list-style-type: none"> - Interact - Group - Identify - Benefits - Challenges - Responsibilities 	Ourselves: <ul style="list-style-type: none"> - Body - Senses - Clean 	Caring: <ul style="list-style-type: none"> - Responsibility - Hygiene - Routines - Cooperate - Roles - Society - Care 	Making personal choices: <ul style="list-style-type: none"> - Listening - Rules - Discussion - Choices - Problem solving - Peer pressure 	Going for goals: <ul style="list-style-type: none"> - Learn - Different - Distractions - Problem solving - Goal
2	Trent Bridge	Being aware in the community: <ul style="list-style-type: none"> - Community - Family, School, Local - Structure - Change - Responsibilities 	Looking after our environment: <ul style="list-style-type: none"> - Environment - Local - Properties - Responsible - Recycling 	Food/ Exercise - Healthy choices: <ul style="list-style-type: none"> - Body parts - Food groups - Healthy - Exercise - Sleep 	The People Around Me: <ul style="list-style-type: none"> - People - Similarities - Differences - Help - Jobs / careers - Loneliness 	Personal Responsibility: <ul style="list-style-type: none"> - Responsible - Personal belongings - Body - Right / wrong - Actions - Friendship - Bullying 	Say no to bullying: <ul style="list-style-type: none"> - Bullying - Witness - Feelings - Helping - Problem solving
1	Aintree	All about me: <ul style="list-style-type: none"> - Myself - Different - Likes - Dislikes - Ability - Improve - Change 	Food and healthy choices: <ul style="list-style-type: none"> - Food - Groups - Healthy - Unhealthy - Balanced - Teeth 	People around me Citizenship: <ul style="list-style-type: none"> - Rule ownership - Reason - Different - Environment - Responsibility - Problems - Volunteer 	Personal responsibility: <ul style="list-style-type: none"> - Responsible - Ownership - Personal belongings - Body - Right / wrong - Actions 	Looking after the environment: <ul style="list-style-type: none"> - Environment - Benefit - Recycling - Reusing - Care 	Say no to bullying: <ul style="list-style-type: none"> - Like / dislike - Fair / unfair - Right / wrong - Bullying - Choice - Help



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				<ul style="list-style-type: none"> - Job - Community 	<ul style="list-style-type: none"> - Friendship - Bullying 		
1	Ascot	Making Choices/ Decisions:	Career Planning:	Money and Time/Personal Finances:	Using Public Transport:	Personal Awareness:	Behaviour in Conflict:
2	Ascot	Healthy Living:	Dealing with Problems/ Situations:	Building Confidence and Self Esteem: <ul style="list-style-type: none"> - Confidence - Self-esteem - Emotions - Low - High - Benefits - Influence 	Personal Safety and Risk: <ul style="list-style-type: none"> - Safety - Health and safety - Protect - Risk - Strategy - Emergency 	Diversity in Society: <ul style="list-style-type: none"> - Diversity - Society - Diverse - Similarities - Differences - Practices - Contribution - Advantage - Tolerance Respect	Hate Crime: <ul style="list-style-type: none"> - Hate - Crime - Targeted - Society - Law - Diverse - Tolerance - Prejudice - Discrimination - Consequences - Victims - Perpetrators

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							<ul style="list-style-type: none"> - Actions - Agency
3	Ascot	Beginning College/College Induction: <ul style="list-style-type: none"> - College - Facilities - Staff - Importance - Responsibility - Hazard - Difference 	Accessing Financial Services/ Banking and Other Financial Organisations: <ul style="list-style-type: none"> - Financial - Service - Credit - Borrowing - Bank accounts - Save Money 	Law and Order/Making Laws - UK Parliament: <ul style="list-style-type: none"> - Law - Parliament - Crime - Offence - Punishment - Vote - Bill - Act 	Personal Development: <ul style="list-style-type: none"> - Personal awareness - Personality - Skills - Strength - Weaknesses - Improve - Personal feelings - Personal objectives 	Personal Health/Health and Hygiene: <ul style="list-style-type: none"> - Health - Illness - Symptom - Cause - Injury - Diet - Maintain 	Drug Awareness:

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Revisited - greater depth/ to ensure a secure understanding in more in-depth contexts as pupils progress with their development of knowledge and understanding.

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