



Every second to be
Valuable, Inspiring, Personalised



18th April 2024

Our ref: DBA/090/KB

Dear Parent/Carer

Re: Uniform Policy Change

I am writing to let you know about a minor change to our uniform policy.

Many of our pupils have sensory processing differences and find it difficult to tolerate certain fabrics and clothing items. Some pupils may also require certain types of clothing if they have proprioception issues.

Proprioception is the body's awareness of where it is in a space. For most of us, it is as natural as breathing and is not noticeable, but when there are sensory issues, it can require additional input (or less input) to keep a person regulated and to keep their sensory system functioning in the way that it should. Whilst some children and young people with sensory processing issues avoid hugs, tight fitting clothing or being wrapped in a blanket, others seek out snug fitting garments and love to be wrapped like a sausage in a blanket or hugged tightly. When it comes to proprioception, there are some children and young people who are seekers and some who are avoiders. We are all different!

With this in mind, some of our pupils may prefer to wear leggings in school which is fine. If your child wishes to wear leggings, please make sure they are black, not transparent and that the upper body garments worn are long enough to cover their waist and hips. All other uniform rules are still in place and pupils should still wear their GANF t-shirts and/or jumpers.

Please do not hesitate to get in touch if you have any further questions or worries about uniform expectations. We are always here to help.

Thank you for your support and cooperation.

Yours sincerely

Daley Barber-Allen - Headteacher

IF YOU REQUIRE ANY LETTERS TRANSLATING, PLEASE CONTACT THE SCHOOL

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